

March 2025

Adar – Nisan 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Psalms 1-9
2 Psalms 10-17	3 Psalms 18-22	4 Psalms 23-28	5 Psalms 29-34	6 Psalms 35-38	7 Psalms 39-43	8 Psalms 44-48
9 Psalms 49-54	10 Psalms 55-59	11 Psalms 60-65	12 Psalms 66-68	13 Psalms 69-71	14 Psalms 72-76	15 Psalms 77-78
16 Psalms 79-82	17 Psalms 83-87	18 Psalms 88-89	19 Psalms 90-96	20 Psalms 97-103	21 Psalms 104-105	22 Psalms 106-107
23 Psalms 108-112	24 Psalms 113-118	25 Psalms 119:1-119:96	26 Psalms 119:97-119:176	27 Psalms 120-134	28 Psalms 135-139	29 Psalms 140-150
30 Psalms 1-9	31 Psalms 10-17					

April 2025

Nisan – Iyyar 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Psalms 18-22	2 Psalms 23-28	3 Psalms 29-34	4 Psalms 35-38	5 Psalms 39-43
6 Psalms 44-48	7 Psalms 49-54	8 Psalms 55-59	9 Psalms 60-65	10 Psalms 66-68	11 Psalms 69-71	12 Psalms 72-76
13 Psalms 77-78	14 Psalms 79-82	15 Psalms 83-87	16 Psalms 88-89	17 Psalms 90-96	18 Psalms 97-103	19 Psalms 104-105
20 Psalms 106-107	21 Psalms 108-112	22 Psalms 113-118	23 Psalms 119:1-119:96	24 Psalms 119:97-119:176	25 Psalms 120-134	26 Psalms 135-139
27 Psalms 140-144	28 Psalms 145-150	29 Psalms 1-9	30 Psalms 10-17			

May 2025

Iyyar – Sivan 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Psalms 18-22	2 Psalms 23-28	3 Psalms 29-34
4 Psalms 35-38	5 Psalms 39-43	6 Psalms 44-48	7 Psalms 49-54	8 Psalms 55-59	9 Psalms 60-65	10 Psalms 66-68
11 Psalms 69-71	12 Psalms 72-76	13 Psalms 77-78	14 Psalms 79-82	15 Psalms 83-87	16 Psalms 88-89	17 Psalms 90-96
18 Psalms 97-103	19 Psalms 104-105	20 Psalms 106-107	21 Psalms 108-112	22 Psalms 113-118	23 Psalms 119:1-119:96	24 Psalms 119:97-119:176
25 Psalms 120-134	26 Psalms 135-139	27 Psalms 140-150	28 Psalms 1-9	29 Psalms 10-17	30 Psalms 18-22	31 Psalms 23-28

June 2025

Sivan – Tamuz 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Psalms 29-34	2 Psalms 35-38	3 Psalms 39-43	4 Psalms 44-48	5 Psalms 49-54	6 Psalms 55-59	7 Psalms 60-65
8 Psalms 66-68	9 Psalms 69-71	10 Psalms 72-76	11 Psalms 77-78	12 Psalms 79-82	13 Psalms 83-87	14 Psalms 88-89
15 Psalms 90-96	16 Psalms 97-103	17 Psalms 104-105	18 Psalms 106-107	19 Psalms 108-112	20 Psalms 113-118	21 Psalms 119:1-119:96
22 Psalms 119:97-119:176	23 Psalms 120-134	24 Psalms 135-139	25 Psalms 140-144	26 Psalms 145-150	27 Psalms 1-9	28 Psalms 10-17
29 Psalms 18-22	30 Psalms 23-28					

July 2025

Tamuz – Av 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Psalms 29-34	2 Psalms 35-38	3 Psalms 39-43	4 Psalms 44-48	5 Psalms 49-54
6 Psalms 55-59	7 Psalms 60-65	8 Psalms 66-68	9 Psalms 69-71	10 Psalms 72-76	11 Psalms 77-78	12 Psalms 79-82
13 Psalms 83-87	14 Psalms 88-89	15 Psalms 90-96	16 Psalms 97-103	17 Psalms 104-105	18 Psalms 106-107	19 Psalms 108-112
20 Psalms 113-118	21 Psalms 119:1-119:96	22 Psalms 119:97-119:176	23 Psalms 120-134	24 Psalms 135-139	25 Psalms 140-150	26 Psalms 1-9
27 Psalms 10-17	28 Psalms 18-22	29 Psalms 23-28	30 Psalms 29-34	31 Psalms 35-38		

August 2025

Av – Elul 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Psalms 39-43	2 Psalms 44-48
3 Psalms 49-54	4 Psalms 55-59	5 Psalms 60-65	6 Psalms 66-68	7 Psalms 69-71	8 Psalms 72-76	9 Psalms 77-78
10 Psalms 79-82	11 Psalms 83-87	12 Psalms 88-89	13 Psalms 90-96	14 Psalms 97-103	15 Psalms 104-105	16 Psalms 106-107
17 Psalms 108-112	18 Psalms 113-118	19 Psalms 119:1-119:96	20 Psalms 119:97-119:176	21 Psalms 120-134	22 Psalms 135-139	23 Psalms 140-144
24 Psalms 145-150	25 Psalms 1-9	26 Psalms 10-17	27 Psalms 18-22	28 Psalms 23-28	29 Psalms 29-34	30 Psalms 35-38
31 Psalms 39-43						

September 2025

Elul 5785 – Tishrei 5786

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Psalms 44-48	2 Psalms 49-54	3 Psalms 55-59	4 Psalms 60-65	5 Psalms 66-68	6 Psalms 69-71
7 Psalms 72-76	8 Psalms 77-78	9 Psalms 79-82	10 Psalms 83-87	11 Psalms 88-89	12 Psalms 90-96	13 Psalms 97-103
14 Psalms 104-105	15 Psalms 106-107	16 Psalms 108-112	17 Psalms 113-118	18 Psalms 119:1-119:96	19 Psalms 119:97-119:176	20 Psalms 120-134
21 Psalms 135-139	22 Psalms 140-150	23 Psalms 1-9	24 Psalms 10-17	25 Psalms 18-22	26 Psalms 23-28	27 Psalms 29-34
28 Psalms 35-38	29 Psalms 39-43	30 Psalms 44-48				

October 2025

Tishrei – Cheshvan 5786

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Psalms 49-54	2 Psalms 55-59	3 Psalms 60-65	4 Psalms 66-68
5 Psalms 69-71	6 Psalms 72-76	7 Psalms 77-78	8 Psalms 79-82	9 Psalms 83-87	10 Psalms 88-89	11 Psalms 90-96
12 Psalms 97-103	13 Psalms 104-105	14 Psalms 106-107	15 Psalms 108-112	16 Psalms 113-118	17 Psalms 119:1-119:96	18 Psalms 119:97-119:176
19 Psalms 120-134	20 Psalms 135-139	21 Psalms 140-144	22 Psalms 145-150	23 Psalms 1-9	24 Psalms 10-17	25 Psalms 18-22
26 Psalms 23-28	27 Psalms 29-34	28 Psalms 35-38	29 Psalms 39-43	30 Psalms 44-48	31 Psalms 49-54	

November 2025

Cheshvan – Kislev 5786

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Psalms 55-59
2 Psalms 60-65	3 Psalms 66-68	4 Psalms 69-71	5 Psalms 72-76	6 Psalms 77-78	7 Psalms 79-82	8 Psalms 83-87
9 Psalms 88-89	10 Psalms 90-96	11 Psalms 97-103	12 Psalms 104-105	13 Psalms 106-107	14 Psalms 108-112	15 Psalms 113-118
16 Psalms 119:1-119:96	17 Psalms 119:97-119:176	18 Psalms 120-134	19 Psalms 135-139	20 Psalms 140-150	21 Psalms 1-9	22 Psalms 10-17
23 Psalms 18-22	24 Psalms 23-28	25 Psalms 29-34	26 Psalms 35-38	27 Psalms 39-43	28 Psalms 44-48	29 Psalms 49-54
30 Psalms 55-59						

December 2025

Kislev – Tevet 5786

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Psalms 60-65	2 Psalms 66-68	3 Psalms 69-71	4 Psalms 72-76	5 Psalms 77-78	6 Psalms 79-82
7 Psalms 83-87	8 Psalms 88-89	9 Psalms 90-96	10 Psalms 97-103	11 Psalms 104-105	12 Psalms 106-107	13 Psalms 108-112
14 Psalms 113-118	15 Psalms 119:1-119:96	16 Psalms 119:97-119:176	17 Psalms 120-134	18 Psalms 135-139	19 Psalms 140-144	20 Psalms 145-150
21 Psalms 1-9	22 Psalms 10-17	23 Psalms 18-22	24 Psalms 23-28	25 Psalms 29-34	26 Psalms 35-38	27 Psalms 39-43
28 Psalms 44-48	29 Psalms 49-54	30 Psalms 55-59	31 Psalms 60-65			