

September 2029

Elul 5789 – Tishrei 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15 Parashat Vayeilech
16	17	18	19	20	21	22 Parashat Ha'azinu
23	24	25	26	27	28	29
30						

October 2029

Tishrei – Cheshvan 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 Parashat Bereshit
7	8	9	10	11	12	13 Parashat Noach
14	15	16	17	18	19	20 Parashat Lech-Lecha
21	22	23	24	25	26	27 Parashat Vayera
28	29	30	31			

November 2029

Cheshvan – Kislev 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Parashat Chayei Sara
4	5	6	7	8	9	10 Parashat Toldot
11	12	13	14	15	16	17 Parashat Vayetzei
18	19	20	21	22	23	24 Parashat Vayishlach
25	26	27	28	29	30	

December 2029

Kislev – Tevet 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Parashat Vayeshev
2	3	4	5	6	7	8 Parashat Miketz
9	10	11	12	13	14	15 Parashat Vayigash
16	17	18	19	20	21	22 Parashat Vayechi
23	24	25	26	27	28	29 Parashat Shemot
30	31					

January 2030

Tevet – Sh'vat 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 Parashat Vaera
6	7	8	9	10	11	12 Parashat Bo
13	14	15	16	17	18	19 Parashat Beshalach
20	21	22	23	24	25	26 Parashat Yitro
27	28	29	30	31		

February 2030

Sh'vat – Adar I 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Parashat Mishpatim
3	4	5	6	7	8	9 Parashat Terumah
10	11	12	13	14	15	16 Parashat Tetzaveh
17	18	19	20	21	22	23 Parashat Ki Tisa
24	25	26	27	28		

March 2030

Adar I – Adar II 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Parashat Vayakhel
3	4	5	6	7	8	9 Parashat Pekudei
10	11	12	13	14	15	16 Parashat Vayikra
17	18	19	20	21	22	23 Parashat Tzav
24	25	26	27	28	29	30 Parashat Shmini
31						

April 2030

Adar II – Nisan 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 Parashat Tazria
7	8	9	10	11	12	13 Parashat Metzora
14	15	16	17	18	19	20
21	22	23	24	25	26	27 Parashat Achrei Mot
28	29	30				

May 2030

Nisan – Iyyar 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 Parashat Kedoshim
5	6	7	8	9	10	11 Parashat Emor
12	13	14	15	16	17	18 Parashat Behar
19	20	21	22	23	24	25 Parashat Bechukotai
26	27	28	29	30	31	

June 2030

Iyyar – Sivan 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Parashat Bamidbar
2	3	4	5	6	7	8
9	10	11	12	13	14	15 Parashat Nasso
16	17	18	19	20	21	22 Parashat Beha'alotcha
23	24	25	26	27	28	29 Parashat Sh'lach
30						

July 2030

Sivan – Av 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 Parashat Korach
7	8	9	10	11	12	13 Parashat Chukat-Balak
14	15	16	17	18	19	20 Parashat Pinchas
21	22	23	24	25	26	27 Parashat Matot-Masei
28	29	30	31			

August 2030

Av – Elul 5790

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Parashat Devarim
4	5	6	7	8	9	10 Parashat Vaetchanan
11	12	13	14	15	16	17 Parashat Eikev
18	19	20	21	22	23	24 Parashat Re'eh
25	26	27	28	29	30	31 Parashat Shoftim

September 2030

Elul 5790 – Tishrei 5791

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7 Parashat Ki Teitzei
8	9	10	11	12	13	14 Parashat Ki Tavo
15	16	17	18	19	20	21 Parashat Nitzavim-Vayeilech
22	23	24	25	26	27	28
29	30					